

## How to help the society?

### By becoming member of the society.

Individual	20 \$
Family	30 \$
Corporate	125 \$
For life	250 \$

### Benefits :

You will received the newspaper Alz -info, four times a year and you will be able to participate in the annual Seminars and conferences at a reduce price.

**By donation of any amount.** It will contribute in improving the services offers and will give a change to the people with sickness to come out of their isolation. **Donation can be personnel or corporate.**

**By donation In memoriam** to the memory of someone lost to Alzheimer disease or any other similar diseases

**By collecting family members or colleagues at the profit of Alzheimer Society.** For more information see: [projets@alzheimerganby.ca](mailto:projets@alzheimerganby.ca)

By **donating regularly** or, an **heritage** or **life insurance** etc.

Help today,

Hope tomorrow ...

## Who is Alzheimer Society of Granby and region ?

Founded in 1984, Alzheimer Society of Granby and Region inc. is part of the Fédération Québécoise des Sociétés Alzheimer and part of Alzheimer Society of Canada.

Many services **are free.** **A bilingual** services is now offer by a professional team in the following categories:

- Consult and follow-up
- Support groups
- Formation
- Pause/Stimulation
- Sensitization

### Our mission

To alleviate personal consequences and social outcome of the Alzheimer disease to the person diagnose and to those close to them. Promote biomedical or psychosocial research while fighting for the rights of those diagnose with the disease.

### Some symptoms

- Forget recent facts
- Change of mood and unknow reaction
- Trouble remembering known locations or close relations
- Trouble controlling emotion
- Decrease of autonomy
- Difficulté à maîtriser ses émotions
- Diminution de l'autonomie

## Our financial partnerts



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Granby (Québec) J2G 2W6  
450-777-3363  
1-844-623-3363

350, rue Principale, local 120  
Cowansville (Québec) J2K 1J5  
450-955-3338  
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2, rue Adhémar Cusson  
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[info@alzheimerganby.ca](mailto:info@alzheimerganby.ca)  
[www.alzheimer.ca/fr/granby](http://www.alzheimer.ca/fr/granby)



Granby : 450-777-3363

Bedford : 1-844-623-3363

Cowansville : 450-955-3338

Sans frais : 1-844-623-3363

[www.alzheimer.ca/fr/granby](http://www.alzheimer.ca/fr/granby)

# Services offert by the Société Alzheimer de Granby and Regions

All the services are available in both official languages to helpers, professionals and anyone else concern with the sickness.

## Pause-Stimulating Groups

The families are offered pauses while the person with the sickness is in a stimulating meeting to increase his/her self-esteem and help with his/her autonomy.

## Discover your stimulus

This service is offer to people with the sickness and their helpers, to demonstrate that happiness is always possible and to have fun during family visits.

## Cognitive Stimulation

This service is offer to people recently diagnosed with the sickness, to help them conserve their grace through different stimulating workshop including the Reeduc logiciel.

## Animation in residence (\$)

Animation service is offer to residence that desire to offer stimulating workshop to their resident suffering of cognitive trouble.

\$ = Service payant

## Individual meeting, family meeting, groups meeting or telephonic meeting

Exchange with a speaker on real-life situations or on any other matters. These services are offer at our office, by phone or at home.

## Group support

Meeting between helpers to learn more about the sickness. Contact your locale office to find out time and places.

## Café meeting

Meeting between helpers to relax, exchange and socialize.

## Conference/Seminar (\$)

The Conferences and our annual society seminar are open to all, with renowned guess speakers. Contact your locale office for time and location.

## Helpers Formation/ Professional formation (\$)/ Helpers formation to raise quality of life (\$)

Formation adapted to your needs, it is offer in various location to main helpers and speakers.

## Documentation Centre

The documentation centre is accessible at our offices, which include a service of library, specialized on Alzheimer disease.

## Resource me

This program invites the main helpers in developing cardiac coherence to better support stress, learn to respond instead of reacting in real life situation and to resource yourself.

## Music & Memory–Marguerite Dunn

The music therapy program « Music & Memory<sup>MD</sup> »helps, with a list of personalised musical pieces, to recreate souvenirs of people that suffers from cognitive trouble and smooth their behaviour.

## Muscle up your brain (\$)

Muscle up you brain is a program that promote the intellectual vitality of elders aging normally.

## Representation in the community

It is a short presentation to companies' partners and others of our services, the sickness and prevention activities.

## Coaching Alzheimer

Monthly theme meeting between helpers that provide a chance to fix gold and browse your role from beginning to end.

# Reply coupon

## Personal information :

Name : \_\_\_\_\_

Adress : \_\_\_\_\_

City : \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone : \_\_\_\_\_

Email : \_\_\_\_\_

Check the appropriate boxes:

## Become member :

☐ Individual (20\$)    ☐ Family (30\$)

☐ Corporate (125\$)    ☐ For life (250\$)

## Make a general donation

☐ Personal donation \_\_\_\_\_ \$

☐ Corporate donation \_\_\_\_\_ \$

## Donation In memoriam

In memory of : \_\_\_\_\_

Check if we need to notify the family ☐

## Person to be informed of contribution:

Name : \_\_\_\_\_

Adress : \_\_\_\_\_

City : \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone : \_\_\_\_\_

For information on other ways to support the Société, contact us at 450-777-3363 or 1-800-623-3363. You can also visit our website at [www.alzheimer.ca/fr/granby](http://www.alzheimer.ca/fr/granby)